

# Charles J. Petit, MD

Office: 1515 NW 18<sup>th</sup> St, Suite 300, Portland, OR 97209

## CURRENT POSITION

### **Orthopedic and Sports Medicine Center of Oregon, Portland, OR**

- Orthopedic Surgeon specializing in Sports Medicine and Joint Replacement

### **Hospital/Surgical center Affiliations**

- Legacy Good Samaritan Hospital, Portland, OR
- Providence Portland Medical Center, Portland, OR
- Northwest Ambulatory Surgery Center, Portland, OR
- Plaza Ambulatory Surgery Center, Portland, OR

## PREVIOUS POSITION

### **Cascade Orthopedics and Sports Medicine Center, PC, The Dalles, OR**

## EDUCATION/ TRAINING

### **Steadman-Hawkins Sports Medicine Fellowship, Vail, CO**

- Knee, Shoulder, and Hip Arthroscopy; Shoulder Reconstruction
- Class of 2009

### **Harvard Combined Orthopaedic Residency Program, Boston, MA**

- Class of 2008

### **Beth Israel Deaconess Medical Center, Boston, MA**

- Internship in General surgery, 2003-2004

### **University of California, San Diego, School of Medicine**

- M.D. June, 2003

### **Yale University**

- B.A., Economics, May, 1999

## CONSULTING

### **Acumed, Hillsboro, OR**

- Product evaluation consultant

### **Zimmer-Biomet, Warsaw, IN**

- Implant consultant

## HONORS

### **Harvard Combined Orthopaedic Residency Program**

- Administrative Chief Resident, Brigham and Women's Hospital, 2008
- Executive Committee Award for highest OITE scores

### **University of California, San Diego, School of Medicine**

- Department of Neurosciences Award for top student in Neurology, Class of 2003
- Clinical honors: Surgery, Medicine, Neurology, Pediatrics

### **Yale University**

- Graduated Cum Laude with distinction awarded in the major of Economics
- Yale Men's Varsity Basketball: 4 year letterman, Captain (1998-99), Richard Derby Award for academic and athletic excellence (1999), Stan Smith Award for senior contribution to team harmony, loyalty, morale and development (1999)

## LICENSING

### **State of Oregon Active License**

- License #MD29397

### **State of Washington Active License**

- License #MD 60103165

## RESEARCH

### **Yale University, Department of Economics**

Senior thesis: Efficiency Gains Derived from Horizontal Integration in the Hospital Industry

- Analyzed the current state of the hospital industry, the specific trends and obstacles affecting the horizontal integration wave, and the outcomes of hospital mergers and acquisitions

### **Steadman Hawkins Sports Medicine Fellowship**

Petit CJ, Briggs KK, Ho C, Steadman JR. Prospective evaluation of high field dedicated extremity MRI diagnostic capability for meniscal injuries by age, acuity, and previous surgery.

- *Submitted for publication*

## PUBLICATIONS

### **Original Articles**

**Petit CJ**, Boswell R, Mahar A, Tasto J, Pedowitz RA. Biomechanical evaluation of a new technique for rotator cuff repair. *American Journal of Sports Medicine*. 2003 Nov-Dec;31(6):849-53.

Gobezie R, Pacheco IH, **Petit CJ**, Millett PJ. Dislocation and instability after arthroscopic capsular release for refractory frozen shoulder. *American Journal of Orthopaedics*. 2007 Dec; 36(12): 672-674

**Petit CJ**, Lee BM, Kasser JR, Kocher MS. Operative treatment of intraarticular calcaneal fractures in the pediatric population. *Journal of Pediatric Orthopaedics*. 2007 Dec;27(8):856-62.

**Petit CJ**, Millett PJ. Arthroscopic removal of EndoButton after revision anterior cruciate ligament reconstruction. *Am J Orthop*. 2008;37(12):618-620

Petit CJ, Philippon MJ. Arthroscopic management of osteochondral defects in the hip. **Operative Techniques in Sports Medicine**. 2008; 16(4): 194-200

**Petit CJ**, Endres N, Diller D, Harris MH, Millett PJ, Warner JJP. Management of proximal humerus fractures: Surgeons don't agree. *J Shoulder Elbow Surg*. 2009; Sep 30

Heuer HJD, Boykin RE, **Petit CJ**, Hardt J, Millett PJ. Decision-making in the treatment of diaphyseal clavicle fractures: is there agreement among surgeons? Results of a survey on surgeons' treatment preferences. *Journal of Shoulder and Elbow Surgery*. 2013 July

### **Book Chapters**

Petit CJ, Philippon MJ, Kelly BT. Revision Hip Arthroscopy

- **Arthroscopic Techniques of the Hip**. Slack. 2010

Ramappa A, Petit CJ. Inside-out Meniscal Repair.

- **Sports Medicine Surgery**. Elsevier Health Sciences. December 2009.

Petit CJ, Dewing C, Millett PJ. Proximal Humerus Fractures

- **Evaluation and Management of Common Upper Extremity Disorders**. Slack. 2011

## PODIUM PRESENTATIONS

Operative treatment of intraarticular calcaneal fractures in the pediatric population.

- EOA/SOA Combined Annual Meeting, Victoria, BC, August 2007
- AAOS Annual Meeting, San Francisco, CA, March 2008

## LECTURES

Steadman-Hawkins Clinic Grand Rounds, Vail, CO

- Posterolateral Corner Injuries and Management, December 15, 2008
- Acromioclavicular Joint Injuries and Management, March 2, 2009
- Prospective evaluation of high field dedicated extremity MRI diagnostic capability for meniscal injuries by age, acuity, and previous surgery, July 21, 2009

Mid-Columbia Medical Center Grand Rounds, The Dalles, OR

- Diagnosis and Arthroscopic Management of Hip Pathology, January 20, 2010

Providence Hood River Hospital Grand Rounds, Hood River, OR

- Surgical Management of Common Shoulder Injuries, January 4, 2011

Oregon Physical Therapy Association

- Diagnosis and Arthroscopic Management of Hip Pathology, October 22, 2009
- Current Concepts in the Diagnosis, Treatment, and Rehabilitation of Meniscal Injuries; April 29, 2010
- Surgical Lesions of the Knee and Shoulder; April 19, 2012

Pacific Northwest Orthopedic and Sports Medicine Symposium

- Current Concepts in ACL Reconstruction, March 8, 2015

Vail International Shoulder Summit

- Management Options for Difficult Proximal Humerus Fractures, June 24, 2016
- CJR and Bundled Payments: An Overview for the Shoulder Surgeon, June 25, 2016
- Complex Shoulder Arthroplasty Case Review, April 5, 2018
- Biceps Tenodesis: How I Like to Do It, April 5, 2018

Legacy Health Clinical Collaboration Series

- Shoulder Pearls for the Primary Care Provider, May 24, 2018

## INSTRUCTIONAL VIDEOS

Dynamic exam during hip arthroscopy. Marc Philippon MD and Charles Petit MD. AAOS, January 2010

## POSTER PRESENTATIONS

Biomechanical evaluation of a new technique for rotator cuff repair

- American Society of Biomechanics, Annual Meeting, San Diego, CA, August 2001
- Orthopedic Research Society, Annual Meeting, Dallas, TX, February 2002

Management of proximal humerus fractures: Surgeons don't agree

- American Academy of Orthopaedic Surgeons, Annual Meeting, Las Vegas, NV, February 2009

Assessing surgeon's preferences in treating diaphyseal clavicle fractures.

- American Academy of Orthopaedic Surgeons, Annual Meeting, New Orleans, LA, March 2010

## MEMBERSHIPS

American Academy of Orthopaedic Surgeons, American Orthopaedic Society for Sports Medicine, Arthroscopy Association of North America, International Society for Hip Arthroscopy, US Ski and Snowboard Association physician pool

ATHLETIC  
COVERAGE

**US Ski and Snowboard Team Physician (2008-present)**

Events Covered: 2009 Dew Tour, Breckenridge, CO; 2010 Snowboarding World Championships, Gangwon, Korea; 2011 Snowboardcross World Cup, Telluride, CO; 2014 Snowboarding Grand Prix Olympic Qualifier, Breckenridge, CO

**Franklin High School**, Portland, OR

- Head Team Physician

**Scappoose High School**, Scappoose, OR

- Assistant Team Physician

**Harvard Combined Orthopaedic Residency Program**

- Boston Public Schools Sports Medicine Initiative: Resident coordinator and varsity football team physician (2004-2008)
- Lowell Devils (Minor League Hockey): Assistant team physician

**Stedman Hawkins Clinic**

- Denver Broncos training camp 2008: Assistant team physician
- Eagle Valley High School: Varsity football team physician
- 2008 Gortex Trans-Rockies Run: Event physician

ACTIVITIES/  
EMPLOYMENT

**Harvard Combined Orthopaedic Residency Program**

- Core-curriculum organizer for Sports Medicine (2006-2008)
- Class representative for Residency Review Committee (2005-2006)

**University of California, San Diego, School of Medicine**

- Liaison Committee on Medical Education (2002)
- Executive Committee for Admissions (2002)
- Senior Student-Mentor (2002)
- Coordinator of DOC AIDS program (2000)

**Yale University**

- Yale Varsity Basketball: Letterman (1995-1999), Captain (1998-1999)
- Zeta Psi Fraternity: Treasurer (1998), Rush Chairman (Spring 1996)

**J.P. Morgan & Co., Los Angeles, California**

- Financial Analyst, Investment Banking Division (Summer 1998)

CLINICAL INTERESTS

Sports medicine, shoulder arthroscopy and arthroplasty, hip arthroscopy, knee ligamentous reconstruction and arthroplasty, fracture care

INTERESTS

Fly-fishing, basketball, snowboarding, mountain biking

References available upon request